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Who We Are



GCK is a not-for-profit community-centred Co-operative.

We believe that

Relationships matter

An interconnected, interdependent and caring community is a strong community

> Everyone should be able to feed themselves in dignity

The local community should direct its future

Everything is political

We must work to challenge the structures that create inequity and iniustice

We are a passionate collective working towards a justice-based food system that thrives on:



Building Community



Building and Shifting Power



Making Good Food Accessible



Creating Educational Opportunities



Supporting Sustainable Livelihoods



Holding and Creating Alternative

Stories and Narratives

Our work is rooted in the values of

Dignity

Care

Justice and Equity

Integrity

We work towards a world in which

- Everyone has easy access to nutritious, sustainable, culturally appropriate food.
- The GCK values of dignity, equity, justice and care inform every action.
- Communities are interconnected and interdependent: working together, growing stronger, producing new possibilities and creating things which we couldn't create alone.
- All communities thrive and are resilient from future shocks.
- Where our work is meaningful, our work-lives are balanced, and we always have time for joy, play, learning and celebration.

Our Team



Leslie (she/her)
Co-founder
Project Coordinator



Dee (she/her)Co-founder
Project Coordinator



Lamis (she/her)
Project Coordinator



Levi (he/him)Good Food Box Organiser
& Bookkeeper



Riham (she/her)
Good Food Box
Promoter



Grey (they/them)
Good Food Box
Coordinator



Hannah (she/her)
Grower



Rob (he/him)
Farm Team and
Education



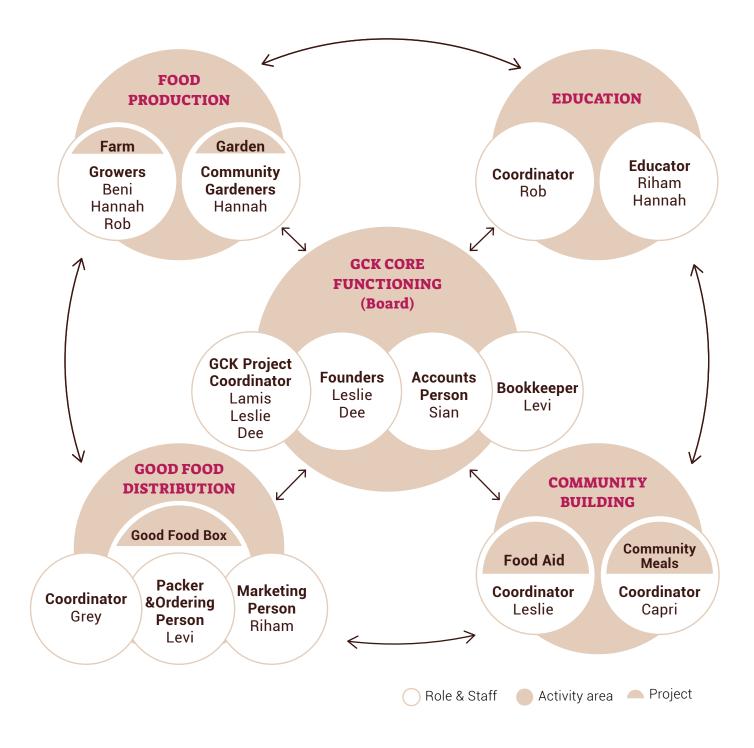
Beni (they/them)
Farm Team and
Education



Capri (she/her)
Community Meals
Coordinator



Sian (she/her)
Finance and Accounts
Person



Good Food Ecologies & Current Staffing Structure

This diagram represents a simplified depiction of a complex system of programmes. In reality, at GCK, we try to disrupt the program delivery vs. core functioning binary with all staff contributing to the core functioning of the organisation. Additionally, much decision

making and financial control sits in a decentralised way (within the teams) supported by the core functioning team. We thus practice a horizontal and participatory governance structure as much as possible.

Social Audit Snapshot of 2023



Jan.

Continue being an active member of the Independent Food Aid Network (IFAN).





Opened a new community garden, Granville Rec to the public, officially.



16 Apr.

Leslie won the Hampstead and Kilburn Community Champion Awards.

19 Apr.



A South London project, Be Enriched: Food Bus Visited the Good Food Box project.



May.

- The CSA Network Research we participated in was published.
- Hired two new growers.

12 May.



Capri Joined the GCK team.



Early June.

Grey held food growing/gardening workshops for local families, collaborating with the OK club.

05 June.



Started creating 5 short recipe videos, collaborating with Brent Health Matters and Mike Production.



09 June.

A film, Taste of Granville collaborating with a team from the Anthropology department of University College London, with a premiere at our evening meal.

04 Aug.

Organised a film screening, *Can I live?* The performer and writer, Fehinti Balogun, joined the talk after the screening.

24 Aug.

Joined the Carlton/Granville stakeholder group.

Sep.

Completed the New Entrant Support Scheme with a draft business plan for the farm.

Oct.

- Attended Rehearsing Freedom Wider event.
- Set up GP GFB surgery connection.
- Helped to write the beginning of Brent Food Strategy.

21 Oct.

Organised a Kew Gardens trip with guests of the Community Meals project.

27 Oct.

- The American School in London volunteered for the Food Aid project. They weighed food bags and recorded the average nutrition of a Food Aid bag. Leslie generated a provoking discussion with kids about current food insecurity issues of London.
- Became part of Community Business
 Trade at The School for Social Enterprise.

18 Nov.

GCK team visited Stroud Community Agriculture and Springhill Cohousing Community.

Late Dec.

Rob and Riham finished community research with 101 participants to identify new education programs and develop a three-year education strategy.

22 Dec.

Held a Goodbye Granville Party to document community memories as a response to losing Granville.

Building and Sustaining Community

We work towards this world by bringing the community together, creating opportunities for people to build social connections and practical solidarity, including through friendship and collaboration. We work to share and build community wisdom, grow and protect knowledge and skills and celebrate our diversity. We work to create and protect physical community spaces where people can come together to do all of this. We are one organisation in a network of local and national groups doing this work and we seek to work collaboratively with others towards our shared goals.



We Bring Community Together



We connected with a medical centre, local schools and other community organisations to provide vegetables, facilitate volunteer hours and deliver educational talks.

Such organisations include:

- Lonsdale Medical Centre (Lonsdale Road)
- The American School in London (1 Waverley Place)



A new growing site, Granville Rec, opened in February 2023.

- -£ 23,000 in funding was raised for garden play equipment.
- 10 volunteers from the local community regularly participated.

200

Hours of impactful volunteer work for the Food Aid, GFB and Community Meals project were contributed per week, provided by schools and the local community. 420+

People from both local and distant areas attended 10 community events hosted by us.



We have hosted numerous community events with amazing experiences.

- 2 community trips to Kew Gardens, attended by 18 local people
- 2 film nights, and a film made by the community with a premiere at out evening meal



We made Good Food Box more accessible to people in the community.

- A new pickup point set up, bringing us to a total of 4 pick up points.
- 10 members currently collecting GFB from our various pick up points, in addition to 37 members collecting at The Granville.



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Building and Shifting Power

We work towards this world by building power and influence within our local South Kilburn community. We do this by connecting community members and concerns to political decision making centres, building and strengthening people to advocate for influencing policy making, and by connecting to and shaping the movements we are a part of. We understand that as GCK grows, gaining access to more resources and entry to more areas of influence, we have a responsibility to shift that power and influence to the community from which it was built in the first

place. We simultaneously aim to build the power of GCK whilst shifting this power to those in the communities we work with (South Kilburn being the primary community, but GCK also sits in other communities, for example national and international agroecological movements).

We Advocate For Change



Food sovereignty

Food sovereignty puts those who produce, distribute and eat food at the heart of food systems and policies rather than the demands of markets and corporations.

All the work we do at GCK is community centred and moves us towards building up democratic power in our food systems. We have no shareholders and all the money we make is reinvested in the projects we run. Our governance structure centres those who live and work in South Kilburn, which is why we are so rooted in our community.



Advocacy & agency

We press for structural change informed by the lived experience of people in our community, we call this advocacy.

We do this in a number of places:

Local and international organisations we're a part of

IFAN | LWA | London Food Board | CSIPM Western Europe | Farming the Future | Carlton/Granville stakeholder group | Centre for Agroecology, Water and Resilience (CAWR) at Coventry University

Conferences and workshops we attend and make speeches at

Belgian parliament | Future of Food Symposium | Royal Geographical Society (RGS)

Movements and campaigns we participate in

Documentary, Six Inches of Soil | Film, A Taste of Granville | Landworkers' Alliance (LWA)

Within the halls of mainstream policy making

Right to Food, Brent Food Strategy | Nyeleni Process | Parliamentary policy with CAWR



Making Good Food Accessible

We work towards this world by creating a localised, accessible and justice based food system where local people of all incomes and backgrounds have access to nutritious, culturally appropriate and ethically and ecologically produced food. This food system is built on the Human Right to Food and Nutrition, and the values of Agroecology and Food

Sovereignty. We are working towards this by creating radical models of food production and distribution, whilst also working on the issues outside of the food system that affect people's ability to access food, issues addressed in other parts of this strategy such as employment, power and influence, and community resilience.

We Share Good Food

Community Meals

5200-

dinners served in the community kitchen.

- Provided community meals every Wednesday and Friday throughout 2023.
- Organized about 30 special community meals for different food heritage and festivals.

Food Aid



of food a year saved from landfill and given to community.

Around 5000 bags, including fresh fruit, vegetables, larder food supplies, diary and milk, were delivered to the community, valued at around £75,000.

Good Food Box

- 47 members given access to fresh, organic, culturally appropriate food from local farms through GFB.
- 1782 veg bags and 1190 fruit bags packaged by the GFB team and volunteers.
- 1091 crates ordered from Better Food Shed, containing seasonal fruit and vegetables from small agroecological farms around the country.
- Packed 442 African and Caribbean bags and 1298 North European bags, providing culturally-appropriate fresh food for the locals in different heritage backgrounds.
- Provided cash payment option which makes the GFB more accessible to everyone.

Community Garden



14 different veg grown and harvested in our community garden, Granville Rec.



Veg from different heritages was grown in Granville Rec, such as callaloo and mizuna.

Our community garden continually provided herbs and leafy green vegetables for GFB.

Volunteers and the local community participated in harvest and took away free veg.

Creating Educational Opportunity

We work towards this world by valuing education and learning in our community and organisation. We are working to develop our educational programme in relation to localised food systems, offering courses to develop skills across all aspects of food systems, including practical skills, enterprise skills and political and advocacy training. At GCK we work to model a 'people-centred' and 'learner-led' educational style, and aim to develop and explain these processes so others adopt them too. Within GCK we learn

through live practice in the community, we get to know each other, we share problems and projects, we support each other, and we learn to be patient and understanding with each other in a continual learning and unlearning process.



My children learned so much about gardening as they were not only taught the theory part of it, but they did everything practically from planting the seed, looking after the plants and harvesting what they took part in.

-- A family who came and grew vegetables from their heritage at The OK Club

We Value Education

101

participants (staff, volunteers, patrons, community groups, schools) involved in community research to identify new education programs and develop a three-year education strategy.

70

students from the American School in London (ASL) and 15 parents volunteered in Granville Rec, learning botanical and gardening knowledge.

We support community well-being



Provided **Yoga Classes**, attended by 6 regulars.



Hosted Women's Only Exercise Classes, attended by 10 regulars.



Provided an **Art Workshop**, attended by 15 participants, on average.

We facilitate the learning of food knowledge



Created 5 short recipe videos, collaborating with Brent Health Matters and Mike Productions.



Held cookery skills workshop and Summer Growing workshops for local families, collaborating with OK club.



Hosted children and young people from The American School in London, doing a maths class report on nutrition and cost of the food aid bags.

We welcome academic institutions to collaborate



Collaborated with The Anthropology Department of University College London to made a film, *A Taste of Granville*.

"We move towards a world in which everyone has an opportunity for sustainable meaningful secure livelihoods. Where people's work holds a social or environmental good, and gives them connection to, and makes meaning from, the world around them."

--GCK Vision Statement



Supporting Sustainable Livelihoods 2.

We travel towards this world by creating opportunities for good work and enterprise, starting at GCK and moving outwards, providing livelihood and enterprise opportunities that work for society, the environment and the individuals. We have a particular focus on supporting more marginalised communities and those in precarious jobs in South Kilburn into meaningful work.



We Create Good Work

We work towards a sustainable team

- We hired 3 new staff to expand our community service, one for the community meal, and two for the community garden.
- We are a Living Wage Foundation member, currently with 11 part time staff as of 2023.
- Grew new partnerships in the academia, education, and the agricultural industry.
- Became part of Community
 Business Trade at The School for Social Enterprise.

We create a convivial team atmosphere

- Staff share monthly lunches, news and opportunities thereby generated good vibes.
- Organised 3 staff trips, Old Hall, Stroud and Kew Gardens.
- Found new places for ongoing community programs to move seamlessly, due to the deconstruction of the Granville and Carlton.

We nourish our team with life skills and well-being practice

- Supported 11 staff with both online and in-person trainings, for all context and situations of remote hybrid and front line work:
 - Level 2 Food Hygiene
 - Mental Health First Aid Training
 - Suicide Awareness Training
 - First Aid Training
 - Mental Health & Wellbeing
 - Telling Your Story with Impact
 - Understanding and Evidencing Need
 - Online Digital Fundraising Training Session
 - Online Desk Based Training

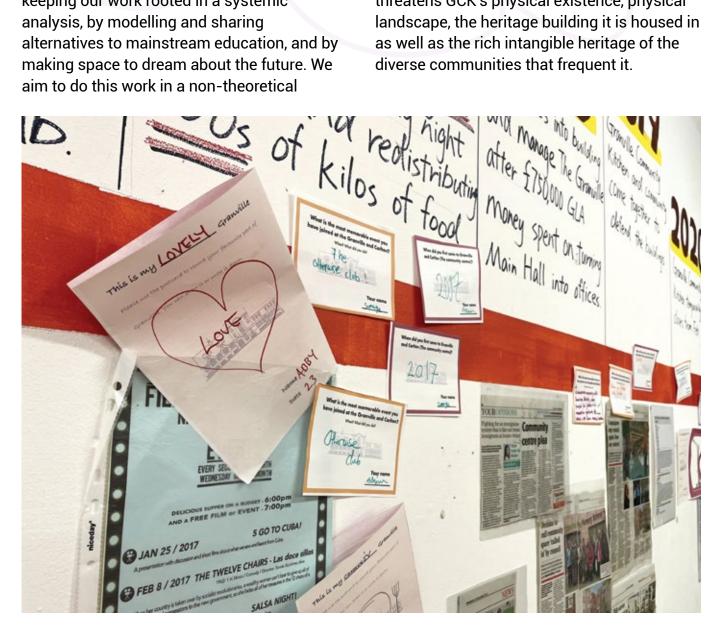
We support local farming system

- Completed the UK government's New Entrant Support Scheme (NESS) to develop a business plan for a peri-urban farm to grow fruit and vegetables for the Good Food Box and provide education and volunteer opportunities.
- Produced a draft business plan for a Good Food Farm Hub which aims to create 8 good food jobs, run 9 apprenticeships and produce £700,000 retail value of fruit and vegetables in the first 5 years.

Holding and Creating Alternative Stories and Narratives

We work towards this world by telling stories and changing narratives, by uplifting the voices of the most marginalised, and rewriting narratives about the food system. We do this by holding and sharing the histories of South Kilburn people and communities, by sharing our models of just food system transition, by keeping our work rooted in a systemic analysis, by modelling and sharing alternatives to mainstream education, and by making space to dream about the future. We aim to do this work in a non-theoretical

way that's grounded in action and the reality of people's lives. In doing this work of holding and creating alternative stories and narratives we dream new possibilities into being. This work is particularly vital right now, and holds particular challenges, as South Kilburn undergoes intense redevelopment that threatens GCK's physical existence, physical landscape, the heritage building it is housed in as well as the rich intangible heritage of the diverse communities that frequent it.



We Tell The Story Of Reality



Program, research and studies we were part

- CSA network research
- A case study 'Community Business and Climate Action' carried out by Power to Change
- Rehearsing Freedom Municipalism Community Infrastructure We took part in Better Food Traders Marketing Programme in April 2023.



Conferences, workshops and events we participated in

- IPES-Food Conference
- Narratives Change Workshop with Stir to Action + LWA
- Sustain and Capital Growth's 'Good To Grow' weekend



The Good Food Box model

We held and communicated the alternative business model of Good Food Box as a community-support project to all visitors to GFB:

- A South London project, Be Enriched: The Food Bus | The American School in London

We Attended local events to share the GFB model:

- Queens Park Summer Festival | Kilburn State of Mind Festival at Queens Park | Malorees School Christmas Fair | Winter Festival at Queens Park Gardens | St Luke's Christmas Fair...



Goodbye Granville party

Held a Goodbye Granville party to document community memories as a response to losing Granville. The party attended by around 100 local people.

Finance

Extract from (unaudited) Accounts, year ending 31.12.23		
Income	85,038	
Funds b/f	105,637	
Expenditure	130,974	
Deficit for the year	(45,936)	
Net current assets	59,701	

Financial Success

- First-year presented quarterly management accounts.
- Financial regular and frequent processing of financial data.
- Investigating outsourced HR, including the EAP assistance.
- Some successful fundraising and several large grant applications are in for 2024.

Our Funders & Collaborators

A big thanks to all of funders, collaborators and individual donors who supported us in 2023. We could not work forward to a better world without you. These are some of our funders and collaborators.

Better Food Shed • Brent Health Matters • Centre for Agroecology, Water & Resilience(CAWR) • City Harvest • Community Food Growers Network(CFGN) • Complicité (Fehinti Balogun) • Global Skills • Good Gym Brent • Healing Justice London • Independent Food Aid Network(IFAN) • In The Mix Project • Keith Anderson and Team • Kew Gardens • Landworkers' Alliance(LWA) • Lonsdale Medical Centre(Lonsdale Road) • Mike Productions • Nur • OK Club • Old Hall Community • Paramount Studios • Queen's Park Area Residents' Association(QPARA) • Solidarity Economy Organisations Network (SEON) • Springhill Cohousing Community • St Lukes Church Fernhead Road • Streetlinks • Stroud Community Agriculture • Sufra NW London • The American School in London • The Otherwise Club • The Salvation Army Kilburn • The St Marylebone CE Bridge School • UCL Grand Challenges Fund(Dr. Pablo Sendra, Dr. Dieter Deswarte, Mark Maiughan, Tim Cowbury) • Useful Productions





























THANK YOU!

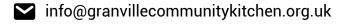
If you want to support our vision, please fundraise and donate.

With your help, we can create a just, resilient and sustainable world together bit by bit.



Get Involved





- grancomkitchen gck_goodfoodbox
- Granville Community Kitchen-GCK



GRANNING